

NTDC Right Time Training – Sexual Trauma

1. All of the following are important things for a parent who is adopting to do if they see or hear signs of sexual abuse except (Choose one):

- a. Ask the child a lot of questions so you can get the facts correct.
- b. Listen and give the child 100% of your attention.
- c. Remain calm.

D. Validate the child's feelings.

2. All of the following are strategies to keep children safe and prevent further abuse except (Choose one):

- a. Avoid touch completely.
- b. Develop a safe, supportive relationship with the child.
- c. Educate the child as early as possible about consent and what consent means.
- d. Have ongoing, open conversations with the child about sexual development.

3. Ways in which adoptive parents can promote healthy sexual development for children who have experienced sexual abuse include which of the following (Choose one):

- a. Help children who have experienced abuse see themselves as survivors rather than victims.
- b. Pretend the sexual abuse never occurred and dismiss the allegations.
- c. Talk about sexual development and interests as if they are "bad" and "dirty".
- d. Talk about the sexual abuse to all your friends so they know to keep their children away from the child you are fostering or adopting.

4. All of the following are potential indicators of a child who has been sexually abused except (Choose one):

- a. Imitates sex acts with siblings or other children or toys (like stuffed animals).
- b. Paying less attention to their hygiene than other children their age.
- c. Plays in a manner that involves sexual themes.
- d. Tells everybody about their sexual abuse.

5. Adoptive parents should believe their child when making accusations of sexual abuse. (Choose one) T / F

True

False

1. What information was impactful from the podcast?

2. What information was most impactful from the video?

3. What information was most impactful from the handouts?

4. What strategies will you use to help prevent sexual abuse from occurring?

5. What strategies will you use to help support a child who has experienced sexual abuse?

6. What surprised you most?

7. What concerns you most?

8. What kind of feelings came up when learning about sexual trauma?

9. Describe your comfortability in discussing sex and sexuality. How might you improve in this area?

10. What would you like to learn more about?