### YOUR SUPPORT TEAM

Your support team provides pregnancy options counseling and additional counseling during pregnancy and after delivery, process guidance, pregnancy support, delivery and hospital planning and legal advice.

Each of our staff is compassionate with years of personal and professional experience.



Cara Walsh, BSW Infant Program Coordinator



Kaitlyn Judy, BSW Adoption Specialist



Quincy Budell, BSHS Adoption Specialist

## PREGNANCY HELP LINE

Text or Call 208-985-5617



ALWAYS Free & Confidential

No-pressure environment

We are here for you!

Text or Call 208-985-5617



adoptanewbeginning.org

# ADOPTION IS AN OPTION.



adoptanewbeginning.org

#### ABOUT US

#### FREE SERVICES

always confidential

#### YOUR SUPPORT

An unplanned pregnancy can be scary. **YOU ARE NOT ALONE.** We care about you and your baby's future. Let our professionals help.

A New Beginning will guide you through your options in a confidential, no-pressure environment.

Our experienced counselors will provide all the information you need to make an educated decision to ensure a permanent plan for your baby. A plan you'll feel good about now and in the future.

Visit www.adoptanewbeginning.org/ pregnant/pregnancy-services/

or call:

208-985-5617



A New Beginning provides FREE & CONFIDENTIAL services to pregnant women and/or birth families who make adoption plans for their babies or children.

Those services include but are not limited to the following:

- Pregnancy options counseling
- Assistance obtaining Medicaid or available insurance
- Medical expenses -paid
- · Legal expenses -paid
- · Living expenses -paid
  - o Gas cards & food
  - o Cell phone & utilities
- Case management
- Transportation to and from medical appointments
- Community resource referrals
- Post pregnancy support
- Post pregnancy counseling
- Ongoing counseling

You are in charge.
You make the choice.



You make the plan

- Counseling with experienced & compassionate specialists who are easy to talk to.
- Legal representation from a knowledgeable adoption attorney with your best interest in mind.
- A Mentor who has been where you are.
- An Adoption Specialist to walk you through YOUR plan during pregnancy, at time of delivery and after your pregnancy, every step of the way.
- Adoptive parents for you to consider to parent your baby, each have approved home studies, extensive training and ready to provide a loving and stable home.
- Adoption Plan options include open adoption, semi-open adoption and closed adoption situations.
- Birth parent support group online, in-person and through monthly and/or annual events.
- After pregnancy counseling and support continues long after you've had the baby.



